WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereal Pineapple *Milk/Water	Omelet Tropical Fruit *Milk/Water	Pancakes Applesauce *Milk/Water	Toast Diced Pears *Milk/Water	Cereal Oranges *Milk/Water
Lunch	Chicken Patty w/ bun Mixed Veggies Pineapple *Milk/Water	Taco Corn Tropical Fruit *Milk/Water	Chicken Alfredo Broccoli Applesauce *Milk/Water	Corn Dog Peas Diced Pears *Milk/Water	Stuffed Cheese Sticks Green Beans Oranges *Milk/Water
Snack	Goldfish *Milk/Water	Animal Crackers Juice/*Milk	Ritz Crackers Cheese Cubes Water	Teddy Grahams Juice/*Milk	Tiger Bites *Milk/Water

WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereal Pineapple *Milk/Water	Yogurt Blueberries *Milk/Water	Waffles Applesauce *Milk/Water	Bagel Diced Pears *Milk/Water	Cereal Oranges *Milk/Water
Lunch	Chicken Nuggets Mixed Veggies Pineapple *Milk/Water	Pizza Quesadilla Broccoli Tropical Fruit *Milk/Water	Cheeseburger Mac Corn Applesauce *Milk/Water	Teriyaki Chicken/ Rice Broccoli Diced Pears *Milk/Water	Hot Dog w/bun Green Beans Oranges *Milk/Water
Snack	Pretzels *Milk/Water	Cheez Its Juice/*Milk	Tortilla Chips Salsa Water	Belvita Biscuits Juice/*Milk	Club Crackers String Cheese Water

WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereal Pineapple *Milk/Water	Cottage Cheese Peaches *Milk/Water	French Toast Sticks Applesauce *Milk/Water	Muffin Diced Pears *Milk/Water	Cereal Tropical Fruit *Milk/Water
Lunch	Chicken Tenders Carrots Pineapple *Milk/Water	Sloppy Joe/ bun Smile potatoes Tropical Fruit *Milk/Water	Garlic Cheese Bread Peas Applesauce *Milk/Water	Spaghetti Corn Diced Pears *Milk/Water	Pizza Crunchers Broccoli Oranges *Milk/Water
Snack	Graham Crackers *Milk/Water	Scooby Snacks Juice/*Milk	Ritz Crackers Juice/*Milk	Pretzel Fish Juice/*Milk	Animal Crackers *Milk/Water

WEEK 4	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereal Fruit Cocktail *Milk/Water	Rice Cake Banana *Milk/Water	Pancakes Applesauce *Milk/Water	Toast Diced Pears *Milk/Water	Cereal Tropical Fruit *Milk/Water
Lunch	Fish Sticks Green Beans Fruit Cocktail *Milk/Water	Turkey Tetrazini Corn Tropical Fruit *Milk/Water	Meatballs/Dinner roll Mashed potatoes Peaches *Milk/Water	Chicken Fries Mixed Veggies Diced Pears *Milk/Water	Hot Ham & Cheese Pickles Oranges *Milk/Water
Snack	Tiger Bites Gogurt *Milk/Water	Goldfish Juice/*Milk	Teddy Grahams Craisins Water	Chex Mix Juice/*Milk	Pretzels String Cheese *Milk/Water

WEEK 5	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereal Fruit Cocktail *Milk/Water	Yogurt Banana *Milk/Water	Waffles Peaches *Milk/Water	Bagel Diced Pears *Milk/Water	Cereal Oranges *Milk/Water
Lunch	Popcorn Chicken Mashed potatoes Fruit Cocktail *Milk/Water	Italian Bake Corn Tropical Fruit *Milk/Water	English Muffin Pizza Broccoli Peaches *Milk/Water	Cheeseburger w/ bun Baked Beans Diced Pears *Milk/Water	Turkey/chese Wrap Cucumbers Oranges *Milk/Water
Snack	Club Crackers *Milk/Water	Scooby snack Juice/*Milk	Cheez Its Juice/*Milk	Belvita Bites Juice/*Milk	Graham French Toast *Milk/Water

*Milk: 1 yr olds (whole milk)
*Milk: 2-12 yr olds (1% milk)